



# MOUNTAIN GROWN COMMUNITY RADIO

Paonia 90.9 Crawford 98.3 Montrose 89.1 Ridgway 88.9 Ouray 90.1 Lake City 88.7 Grand Valley 99.1

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:00 am	National Public Radio Morning Edition					UNDERCURRENTS	
6:00 am						UNDERCURRENTS	
7:00 am							
8:00 am	Go Betty Morning Music Mix	Tone On Tone Morning Music Mix	Wednesday Morning Music Mix	Obsequious Purple & Clairvoyant Morning Music Mix	Feel Good Friday-Morning Music Mix	Pot o' Gold Children's Music/Stories	New Dimensions
9:00 am							
10:00 am	FreeRange Radio Rock, Folk, Soul	Just Us Folks Folk	CROSSROADS Roots, Bluegrass, Folk, Rock	The Freak Show Variety	Gumbo Ya Ya New Orleans,	Car Talk	Medicine Show
11:00 am							
12:00 noon	Future Sound Variety	Blues and Other Colors Blues	The Slide Show Rock	ROOM TO GROOVE Funk, World, Electronica,	The Music Box Rock, Blues	Pickin' Bluegrass	New Age, Spiritual
1:00 pm							
2:00 pm	Left, Right & Center Counterspin/	Radio Nation	Chautauqua Local/Current Affairs	Chautauqua Local/Current Affairs	Talkin' Music Live Music/Interviews	The Redneck Riviera Classic Country	Stop Time 30's, 40's, Swing
3:00 pm							
4:00 pm	National Public Radio's All Things Considered					The Redneck Riviera Classic Country	Flight of Fancy
5:00 pm							
6:00 pm	Democracy Now					NPR's All Things Considered	NPR's All Things Considered
7:00 pm							
8:00 pm	Musica Mexicana Hispanic	One Woman's Perspective Women's Music & Poetry	Global Express World	Soul System Soul	COOKIN' WITH JAZZ Jazz	Turn It Up! Rock	In the Classical Tradition Classical
9:00 pm	Spanish Language News	.You Never Know Alternative Rock	Under the Influence World, Electronica, Rock	Open Mic Variety	Emotional Rescue Rock	Saturday Night Soundtrack Alternative Rock, Hip Hop, Funk	Late Night-Classical
10:00 pm							
11:00 pm	UNDERCURRENTS					The Bone Conduction Music Show	UNDERCURRENTS
12:00 midnight							
1:00 am	UNDERCURRENTS					UNDERCURRENTS	UNDERCURRENTS
2:00 am - 5:00 am							

### KVNF Short Features

Hightower Radio	8:00 am (Mon-Fri)	Weather or Avalanche Report	8:00 & 10:00 am Mon-Fri (and during NPR breaks)
Pulse of the Planet	12:00 pm (Mon-Fri only)		9:00 am Sat & Sun
Earth & Sky	10:00 am M-F (Sat & Sun 8:38 am)	Bulletin Board	1:00 pm & 8:00 pm Mon.-Sun.
Mystics Almanac	Tuesday 8:30 pm & Sunday 10:30 am	Entertainment Calendar	9:00 am & 2:00 pm Mon—Fri (2:00 pm only Sat/Sun)
NPR News Headlines	12:00 pm	Visual Arts Calendar	7:20 am & 11:00 am

Providing Western Colorado with Public Affairs and Youth Programming,

Contact KVNF! 970.527.4866 (Business) 970.527.4868 (Music Requests) 970.527.4865 (Fax)

[www.kvnf.org](http://www.kvnf.org)

E-Mail Comments, Questions, Public Service Announcements, Bulletin Board items to: [events@kvnf.org](mailto:events@kvnf.org)